

Parkinson's Support Group



First Saturday of Every Month 10 a.m.

Support group for those living with Parkinson's Disease and their loved ones

The complexity of Parkinson's disease and Parkinsonism can severely impact families and caregivers. This support group provides an opportunity to find and engage support throughout the Parkinson's journey.

This open forum group will share ideas, experiences and emotions, while offering support through the Parkinson's journey. Our goal is to help improve one's quality of life through social support, information sharing and education.



RSVP to Randi Bellemare at rbellemare@benchmarkquality.com or call 203.841.8607.

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AT EAST FARMS

A Benchmark Senior Living Community

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